












 <b>NATIONALE LIMITEN 100M HERREN 2025</b> 							
HERREN	100m N-Limit	100m A-Limit	100m NW2-Limit	100m NW1-Limit	Weltrekord	Paralympic Record	CH-Rekord
T33	00:17.05	00:19.00			00:16.24	00:16.61	*
T34	00:15.01	00:16.28			00:14.16	00:14.76	00:15.41
T51	00:20.09	00:22.38			00:19.13	00:19.63	00:22.48
T52	00:16.94	00:18.39			00:16.13	00:16.21	00:16.96
T53	00:14.81	00:16.22			00:14.10	00:14.20	00:15.54
T54	00:14.18	00:15.54			00:13.63	00:13.63	00:14.14

 <b>NATIONALE LIMITEN 200M HERREN 2025</b> 							
HERREN	200m N-Limit	200m A-Limit	200m NW2-Limit	200m NW1-Limit	Weltrekord	Paralympic Record	CH-Rekord
T33	00:31.03	00:33.93			00:29.00	00:31.02	*
T34	00:27.21	00:29.54			00:25.91	00:27.98	00:27.90
T51	00:37.53	00:41.46			00:35.74	00:36.81	00:41.26
T52	00:30.53	00:33.38			00:28.53	00:30.25	00:30.46
T53	00:26.29	00:28.55			00:25.04	00:25.61	00:27.67
T54	00:25.17	00:27.33			00:23.97	00:24.18	00:25.11

 <b>NATIONALE LIMITEN 400M HERREN 2025</b> 							
HERREN	400m N-Limit	400 A-Limit	400m NW2-Limit	400 NW1-Limit	Weltrekord	Paralympic Record	CH-Rekord
T33	00:59.33	01:05.04			00:57.05	01:03.77	*
T34	00:49.98	00:54.79			00:48.06	00:54.17	00:53.45
T51	01:19.74	01:26.51			01:15.23	01:20.82	01:20.38
T52	00:56.16	01:01.36			00:52.00	00:54.48	01:02.11
T53	00:48.42	00:52.57			00:46.11	00:46.61	00:50.66
T54	00:45.20	00:49.54			00:43.46	00:44.55	00:45.25

 <b>NATIONALE LIMITEN 100M DAMEN 2025</b> 							
DAMEN	100m N-Limit	100m A-Limit	100m NW2-Limit	100m NW1-Limit	Weltrekord	Paralympic Record	CH-Rekord
T33	00:21.48	00:23.47			00:19.89	00:21.59	*
T34	00:17.13	00:19.25			00:16.31	00:16.39	*
T51	00:26.17	00:28.89			00:24.69	*	*
T52	00:19.06	00:20.90			00:18.33	00:19.42	00:18.33
T53	00:16.01	00:17.23			00:15.25	00:15.64	00:15.25
(T53) T54	00:16.12	00:17.35			00:15.35	00:15.50	00:16.03

 <b>NATIONALE LIMITEN 200M DAMEN 2025</b> 							
DAMEN	200m N-Limit	200m A-Limit	200m NW2-Limit	200m NW1-Limit	Weltrekord	Paralympic Record	CH-Rekord
T33	00:36.79	00:40.30			00:35.04	00:38.38	
T34	00:30.35	00:33.23			00:28.90	00:31.90	
T51	00:46.38	00:50.80			00:44.17	*	01:16.70
T52	00:34.19	00:37.50			00:33.19	00:33.80	00:33.45
T53	00:28.84	00:31.32			00:27.47	00:29.17	00:27.47
(T53) T54	00:28.90	00:31.37			00:27.52	00:27.52	00:28.17

 <b>NATIONALE LIMITEN 400M DAMEN 2025</b> 							
DAMEN	400m N-Limit	400 A-Limit	400m NW2-Limit	400 NW1-Limit	Weltrekord	Paralympic Record	CH-Rekord
T33	01:13.66	01:20.67			01:10.15	01:20.16	
T34	00:54.91	01:00.19			00:52.80	00:58.78	
T51	01:41.26	01:50.91			01:36.44	*	
T52	01:06.76	01:13.18			01:04.19	01:05.43	01:04.91
T53	00:52.40	00:55.86			00:49.43	00:51.60	00:49.43
(T53) T54	00:52.95	00:57.53			00:50.91	00:51.91	00:51.64

# MITTELDISTANZ HERREN 800m, 1500m, 5000m



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## NATIONALE LIMITEN 800M HERREN 2025

HERREN	800m N-Limit	800m A-Limit	800m NW2-Limit	800m NW1-Limit	Weltrekord	Paralympic Record	CH-Rekord
T33	02:01.52	02:10.52			01:52.52	2:45.98	*
T34	01:39.41	01:48.02			01:35.59	1:38.57	01:43.89
T51	02:43.06	02:58.16			02:30.98	2:45.78	02:46.34
T52	02:00.50	02:11.65			01:51.57	1:58.68	02:08.82
T53	01:36.27	01:44.53			01:31.69	1:36.07	01:37.68
T54	01:30.39	01:39.17			01:27.76	1:28.20	01:27.76

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## NATIONALE LIMITEN 1500M HERREN 2025

HERREN	1500m N-Limit	1500m A-Limit	1500m NW2-Limit	1500m NW1-Limit	Weltrekord	Paralympic Record	CH-Rekord
T33	04:31.85	04:57.98			04:21.39	*	*
T34	03:07.36	03:30.56			02:58.44	*	03:30.37
T51	05:08.17	05:37.53			04:53.50	5:13.43	05:13.76
T52	03:41.49	03:59.94			03:25.08	3:29.13	03:56.68
					*	*	*
T53/T54	02:49.90	03:04.61			02:43.37	2:49.55	2:43.37

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## NATIONALE LIMITEN 5000M HERREN 2024

HERREN	5000m N-Limit	5000m A-Limit	5000m NW2-Limit	5000m NW1-Limit	Weltrekord	Paralympic Record	CH-Rekord
T33					*	*	*
T34	12:52.54	14:04.74			12:02.00	*	*
T51	17:57.44	19:48.20			16:46.95	17:40.02	16:57.07
T52	13:12.39	14:42.10			12:27.54	13:10.86	13:28.08
					*	*	*
T53/T54	09:35.96	10:25.81			09:13.81	9:53.26	09:13.81

# MITTELDISTANZ DAMEN 800m, 1500m, 5000m



31.12.2024

## NATIONALE LIMITEN 800M DAMEN 2025

DAMEN	800m N-Limit	800m A-Limit	800m NW2-Limit	800m NW1-Limit	Weltrekord	Paralympic Record	CH-Rekord
T33	02:33.14	02:47.73			02:25.85	*	*
T34	01:49.65	02:00.09			01:44.43	01:48.99	*
T51	03:25.42	03:44.99				*	*
T52	02:11.83	02:24.51			02:06.76	02:29.13	02:09.18
T53	01:42.86	01:53.63			01:37.96	01:41.04	01:37.96
(T53) T54	01:45.53	01:55.68			01:41.47	01:42.36	01:41.47

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## NATIONALE LIMITEN 1500M DAMEN 2025

DAMEN	1500m N-Limit	1500m A-Limit	1500m NW2-Limit	1500m NW1-Limit	Weltrekord	Paralympic Record	CH-Rekord
T33	05:10.64	05:40.23			04:55.85	*	*
T34	03:33.12	03:53.23			03:21.06	*	*
T51	06:48.30	07:30.67			06:25.19	*	*
T52	04:28.32	04:53.40			04:10.77	04:41.64	04:10.77
					*	*	*
T53/T54	03:16.53	03:31.37			03:05.41	03:13.10	03:05.41

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## NATIONALE LIMITEN 5000M DAMEN 2025

DAMEN	5000m N-Limit	5000 A-Limit	5000m NW2-Limit	5000 NW1-Limit	Weltrekord	Paralympic Record	CH-Rekord
T33					0	*	
T34	14:05.77	15:34.38			13:25.50	*	
T51					0	*	
T52					14:47.45	*	21:25.54
					*	*	
T53/T54	11:02.50	12:05.00			10:25.00	10:43.62	10:25.24

# DISTANZ HERREN 10 000m, 1/2- Marathon



31.12.2024

<b>NATIONALE LIMITEN 10 000M HERREN 2025</b> <span style="float: right; font-size: 2em;">+</span>							
HERREN	10 000m N-Limit	10 000m A-Limit	10 000m NW2-Limit	10 000m NW1-Limit	Weltrekord	Paralympic Record	CH-Rekord
T51					*	*	36:42.42
T52					*	*	28:14.44
T53/T54					*	*	19:45.05



# DISTANZ DAMEN 10 000m, 1/2- Marathon



31.12.2024

<b>NATIONALE LIMITEN 10 000M DAMEN 2025</b> <span style="float: right; font-size: 2em;">+</span>							
DAMEN	10 000m N-Limit	10 000m A-Limit	10 000m NW2-Limit	10 000m NW1-Limit	Weltrekord	Paralympic Record	CH-Rekord
T52					*	*	*
T53/T54					*	*	29:13.66



# NATIONALE LIMITEN 1/2-MARATHON HERREN 2025

31.12.2024

<b>NATIONALE LIMITEN 1/2-MARATHON HERREN 2025</b> <span style="float: right; font-size: 2em;">+</span>							
HERREN	1/2-Mara N-Limit	1/2-Mara A-Limit	1/2-Mara NW2-Limit	1/2-Mara NW1-Limit	Weltrekord	Paralympic Record	CH-Rekord
T52					*	*	*
T53/T54					*	*	00:38.32.00



# NATIONALE LIMITEN 1/2-MARATHON DAMEN 2025

31.12.2024

<b>NATIONALE LIMITEN 1/2-MARATHON DAMEN 2025</b> <span style="float: right; font-size: 2em;">+</span>							
DAMEN	1/2-Mara N-Limit	1/2-Mara A-Limit	1/2-Mara NW2-Limit	1/2-Mara NW1-Limit	Weltrekord	Paralympic Record	CH-Rekord
T52					*	*	*
T53/T54					*	*	*



# NATIONALE LIMITEN MARATHON HERREN 2025

31.12.2024

<b>NATIONALE LIMITEN MARATHON HERREN 2025</b> <span style="float: right; font-size: 2em;">+</span>							
HERREN	Marathon N-Limit	Marathon A-Limit	Marathon NW2-Limit	Marathon NW1-Limit	Weltrekord	Paralympic Record	CH-Rekord
T52							
T53/T54	01:25:00	01:30:00					

# NATIONALE LIMITEN MARATHON DAMEN 2025

31.12.2024

<b>NATIONALE LIMITEN MARATHON DAMEN 2025</b> <span style="float: right; font-size: 2em;">+</span>							
DAMEN	Marathon N-Limit	Marathon A-Limit	Marathon NW2-Limit	Marathon NW1-Limit	Weltrekord	Paralympic Record	CH-Rekord
T52					*	*	*
T53/T54	01:40:30	01:48:00			1:34:16.00	*	1:34:16.00

